

# 25 MAGGIO 2018 NH HOTEL, PALERMO

Programma

9.00 Tavola rotonda "I percorsi clinici diagnostico-terapeutici" moderatore: M. Palmeri

Gestione dello shock emorragico e protocolli di trasfusione massiva - G. Perone

Patologie tempo-dipendenti: le cenerentole IRA - G. Misuraca

ECLS: ACC extra ospedaliero e ECMO - A. Forti, A. Peris

La gestione delle vie aeree: sempre e solo intubazione ? - A. Paoli

Discussione



# TRAUMA



I decessi sono imputabili a:

*Emorragia* → controllo delle perdite, trattamento della coagulopatia, mantenimento della perfusione, gestione della risposta infiammatoria

Lesioni neurologiche → utilizzo DPI (prevenzione primaria ed educazione alla popolazione)



#### HOSPITAL-LEVEL CARE PREHOSPITAL-LEVEL CARE Primary Prevention and Education Rapid Identification of Hemorrhagic Shock Community-based violence prevention Prehospital history of major blood loss and treatment with AAA surveillance Peripartum oxytocin anticoagulants or antiplatelets Physical examination, radiographs, and ultrasonography of the torso Helicobacter pylori eradication (FAST) to determine sources of bleeding Laboratory work (blood type, blood gas with lactate, CBC, Education courses: Bleeding Control Basic (B-Con Basic) Course electrolytes, coagulation studies, and TEG or TEM) Prehospital Trauma Life Support (PHTLS) Course Immediate resuscitation for patients in shock Rural Trauma Team Development Course (RTTDC) with the use of rapid infuser and fluid warmer Advanced Trauma Life Support (ATLS) Student Course Early massive-transfusion-protocol activation for patients in shock Prehospital Interventions Definitive Hemostasis Hemorrhagic identification and control Rapidly control all sites of hemorrhage Examples: Compressible sites Use direct pressure or Surgical exploration tourniquet proximal to Angiography with embolization bleeding site Endoscopic intervention Junctional sites Apply hemostatic dressing Noncompressible sites Posthemostasis Signs may be obvious (e.g., in gastrointestinal bleeding) Reassess patient for ongoing bleeding, coagulopathy, or occult (e.g., after trauma) and unpaid oxygen debt Apply pelvic binder for Perform repeat laboratory tests (blood gas with lactate, suspected pelvic fracture CBC, electrolytes, coagulation studies, and TEG or TEM) Limited resuscitation Transfusions should be compatible with blood Hypothermia prevention group if possible Rapid transport to medical facility Avoid over- or under-resuscitation Perform ultrasonography to assess intravascular volume status and cardiac function

What Cosa ???

When Quando ???

Where Dove ???

Who Chi???

Why Perché???



## Con Cosa rimpiazziamo

## Optimal Fluid Therapy for Traumatic Hemorrhagic Shock

Ronald Chang, MD<sup>1,2,3</sup> and John B. Holcomb, MD<sup>1,2</sup>



## **Balanced Resuscitation in** Trauma Management \* Corresponding author. E-mail address: Bryan.A.Cotton@uth.tmc.edu



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Surg Clin N Am 97 (2017) 999-1014 http://dx.doi.org/10.1016/j.suc.2017.06.002

## Patient-Centered Outcomes and Resuscitation Fluids

N ENGL J MED 378;9 NEJM.ORG MARCH 1, 2018

John Myburgh, M.D., Ph.D.

The effectiveness of a 'Code Red' transfusion request policy initiated by pre-hospital physicians Injury, Int. J. Care Injured 47 (2016) 3-6

Anne E. Weaver a, Ceri Hunter-Dunn b,\*, Richard M. Lyon a, David Lockey c,d,e, Charlotte L. Kroghe

ssaint et al. Critical Care (2016) 20:100 DOI 10.1186/s13054-016-1265->

#### RESEARCH

**Open Access** 

The European guideline on management of October 1 major bleeding and coagulopathy following trauma: fourth edition

## Cosa infondere ... e quanto

- · cristalloidi
- colloidi
- Sangue intero !? (in uso sui campi di guerra)
- · Emoderivati ..... quale rapporto
- Emostatici: fibrinogeno ac.tranexamico fattore
   VII ricombinante

	Fresh whole blood	1:1:1 component therapy
Hematocrit (%)	38–50	29
Platelets (x 109/L)	150-400	88
Coagulation factor activity (%)	100	65

# Quando è necessario rimpiazzare

## Summary points

Critically injured trauma patients may have normal cardiovascular and respiratory parameters (pulse, blood pressure, respiratory rate) and no single physiological or metabolic factor accurately identifies all patients in this group

Initial resuscitation for severely injured patients is based on a strategy of permissive hypovolaemia (hypotension) (that is, fluid resuscitation delivered to increase blood pressure without reaching normotension, aiming for cerebration in the awake patient, or 70-80 mm Hg in penetrating trauma and 90 mm Hg in blunt trauma) and blood product based resuscitation

This period of hypovolaemia (hypotension) should be kept to a minimum, with rapid transfer to the operating theatre for definitive care

Crystalloid or colloid based resuscitation in severely injured patients is associated with worse outcome

Once haemostasis has been achieved, resuscitation targeted to measures of cardiac output or oxygen delivery or use improves outcome

Tranexamic acid administered intravenously within 3 h of injury improves mortality in patients who are thought to be bleeding

Crit Care Clin 33 (2017) 71-84

## Prediction of Massive Transfusion in Trauma

Basta la clinica???

Esperienza personale???

Alcune certezze:

PAS 70-80mmHg (trauma penetrante) PAS 90mmHg (trauma chiuso)

se PAS 110mmHg (trauma cranico)

## Dove!? Accesso infusivo idoneo!!



## Chi necessita di rimpiazzo

- 1) Trauma penetrante???
- 2) Trauma cranico grave ???
- 3) Trauma chiuso ???







# Chi necessita di rimpiazzo

Shock Class	Blood Loss†	Heart Rate	Blood Pressure	Pulse Pressure	Respiratory Rate	Mental Status
	ml (%)	beats/min			breaths/min	
1	<750 (15)	<100	Normal	Normal	14-20	Slightly anxious
11	750-1500 (15-30)	100-120	Normal	Narrowed	20-30	Mildly anxious
Ш	1500-2000 (30-40)	120-140	Decreased	Narrowed	30-40	Anxious, confused
IV	>2000 (>40)	>140	Decreased	Narrowed	>35	Confused, lethargi

<sup>\*</sup> Data are from the American College of Surgeons Committee on Trauma.42

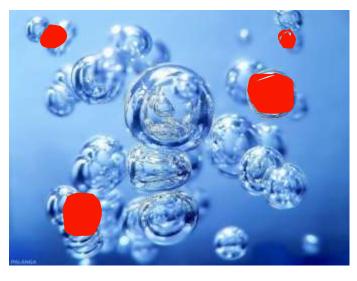
<sup>†</sup> Blood-loss volume and percentage of total blood volume are for a male patient with a body weight of 70 kg.





## Evitare la triade



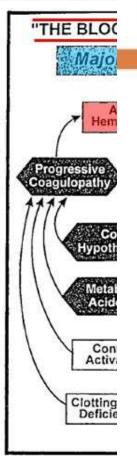




## The Trauma Triad of Death: Hypothermia, Acidosis, and Coagulopathy

Jud

## DCR Priorities Beyond ABCDE of ATLS



On-going Bleeding
Hypoperfusion
Exposure
SIRS/CARS
Resuscitation
Contamination

Coagulopathy

E. Moore e

Balanced Resuscitation or
Permissive Hypotension

Haemostatic Resuscitation Damage Control Surgery

## TIC trauma induce coagulopathy

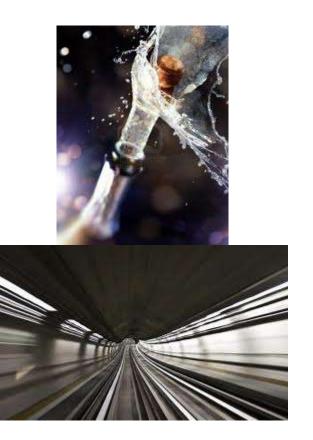
## Causes of acute coagulopathy of trauma-shock

Causes	Effects		
Tissue trauma	Exposing the subendothelial matrix with platelet activation Liberation of Factor VII and thrombin		
Fibrinolysis	Tissue thromboplastin increases in the resence of thrombin		
Shock	Mechanism unknown; related to depletion of Protein C		
Hypothermia	Inhibits coagulation serinases.  Decreases platelet function		
Haemodilution	Dilution of clotting factors. Incorporation of colloids into clot.		
Acidosis	Reduction of Xa-Va prothrombinase complex activity Platelet form spheres which are devoid of aggregating tendency		
Inflamation	Activated by neutrophils with platelet dysfunction Monocyte adherence to platelets		
Hypocalcaemia	Due to citrate in blood and blood components		





# E' sempre necessario il rimpiazzo perché!!!!



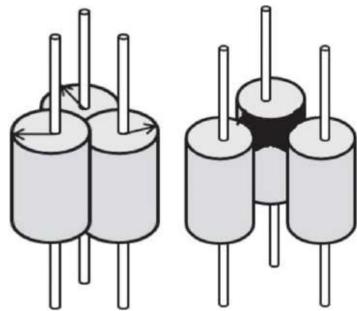
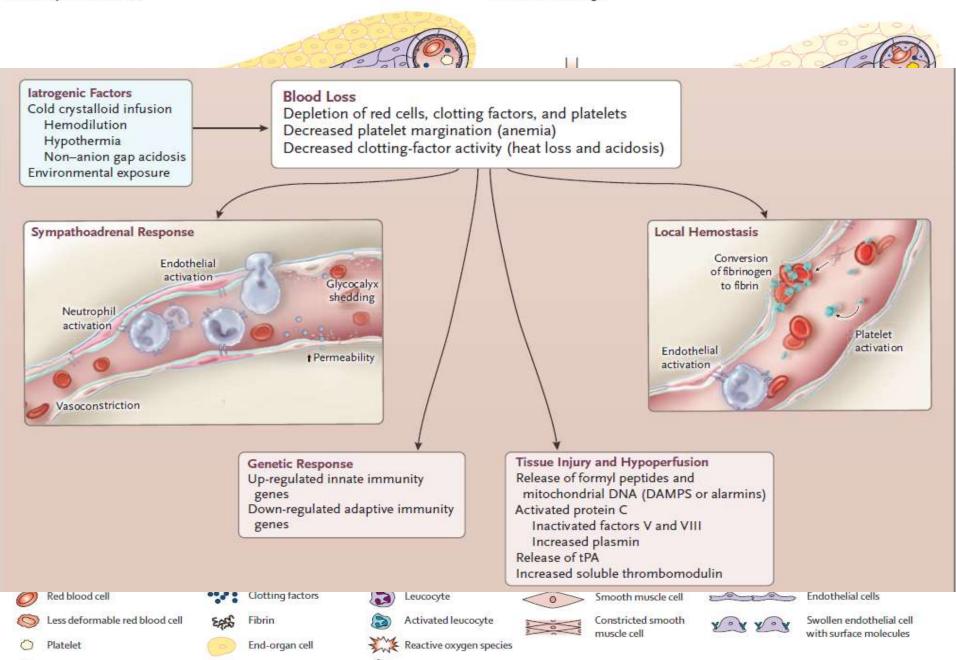


Fig. 2: Diagrammatic Presentation of Krogh's Model of Tissue Perfusion. Cylindrical area of supply around each capillary normally overlaps. Tissue oedema separates the cylinders, causing hypoperfusion in the intervening area (black).



Activated platelet

Swollen end-organ cell



Apoptotic cell

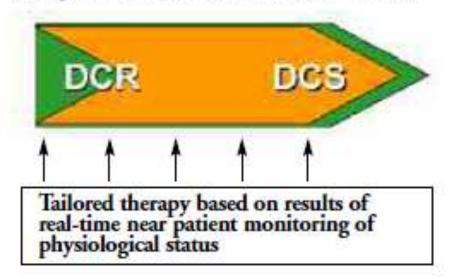
# Perché? Damage Control Resuscitation DCR

Rianimazione dilazionata

Emostasi precoce

Ipotensione permissiva → minimizzo/ottimizzo il riempimento volemico fino all'arresto chirurgico dell'emorragia

Integrated approach DCR -DCS





Ridurre al minimo il periodo di rianimazione ipotensiva-ipovolemica

L'organizzazione dei soccorsi deve prevedere un *PDTA* per la risoluzione rapida e definitiva della perdita ematica

Comunicazione ottimale tra extra ed intraospedaliero

Table S1. Massive transfusion prediction scores

	Elements Included	AUROC	Notes; number of patients used to develop score
Clinical Gestalt <sup>1</sup>	Physician experience	0.62	PROMMTT data; n=966
ABC <sup>2</sup>	HR, SBP, +FAST, penetrating mechanism	0.86†	1 point for each positive element; score range 0-4; activate at ≥ 2; n=596
Individual Transfusion Trigger <sup>3</sup>	SBP, Hb, BE, INR, Temp	0.83†	n=170
LASSO Machine Learning <sup>4</sup>	HR, SBP, mechanism, gender, BE	0.96†	Algorithm programmed into a software application; n=10,900
3.F.T1.115	IID CDD HOT	0.044	n=3442

Assessment of blood consumption (ABC) score. Score of ≥2 points predicted need for MT within 24 hours with sensitivity 75–90%, specificity 67-86%, and overall accuracy 84-86%

- Penetrating mechanism (no=0; yes=1)
- Emergency department systolic blood pressure <90 mmHg (no=0; yes=1)
- Emergency department heart rate >120 bpm (no=0; yes=1)
- Positive FAST exam (no=0; yes=1)

MT, massive transfusion; FAST, focused assessment with sonography in trauma.

ilable as an	
; n=119	
*CEP ((SOCIEC))	
y adding tPA to TEG	
t=low-dose tPA: Ht=	

=190

1=558

s to balance y=0.97;

## Ruolo del SIMT

	fracture, FAST+, Lactate		application; n=119
tPA Challenge <sup>12</sup>	Lt-LY30; Ht-TMA	0.86; 0.78	Obtained by adding tPA to TEG samples. Lt=low-dose tPA; Ht= high-dose tPA; n=324

<sup>†</sup>Based on retrospective data analysis

ABC, assessment of blood consumption; AUROC, area under the receiver-operator curve; BE, base excess; FAST, focused abdominal sonography for trauma; Hb, hemoglobin; HCT, hematocrit; HR, heart rate; INR, international normalized ratio; LASSO, least absolute shrinkage and selection operator; MTS, massive transfusion score; SBP, systolic blood pressure; TASH, trauma associated severe hemorrhage; TBSS, traumatic bleeding severity score; TEG, trhomboelastography; TMA, time to maximal amplitude; tPA, tissue plasminogen activator

## MTP noti ed attivi



Brescia 2013



Udine ?!



Legnano 2014



Trento 201?



Belluno 2017

## III. Tissue oxygenation, type of fluid and temperature management

## R13 Tissue oxygenation

A target systolic blood pressure of 80-90 mmHg should be employed until major bleeding has been stopped in the initial phase following trauma without brain injury. A mean arterial pressure ≥80 mmHg should be maintained in patients with severe TBI.

### R14 Restricted volume replacement

A restricted volume replacement strategy should be used to achieve target blood pressure until bleeding can be controlled.

#### R15 Vasopressors and inotropic agents

In addition to fluids, vasopressors should be administered to maintain target blood pressure in the presence of life-threatening hypotension. An inotropic agent should be infused in the presence of myocardial dystunction.

## R16 Type of fluid

Use of isotonic crystalloid solutions should be initiated in the hypotensive bleeding trauma patient. Hypotonic solutions such as Ringer's lactate should be avoided in patients with severe head trauma. Excessive use of 0.9% NaCl solution might be avoided and use of colloids might be restricted.

#### R17 Erythrocytes

Treatment should aim to achieve a target Hb of 7-9 g/dl.

### R18 Temperature management

Early application of measures to reduce heat loss and warm the hypothermic patient should be employed to achieve and maintain normothermia.

## IV. Rapid control of bleeding

## R19 Damage control surgery

Damage control surgery should be employed in the severely injured patient presenting with deep haemorrhagic shock, signs of ongoing bleeding and coagulopathy. Severe coagulopathy, hypothermia, acidosis, inaccessible major anatomic injury, a need for timeconsuming procedures or concomitant major injury outside the abdomen should also trigger a damage control approach. Primary definitive surgical management should be employed in the haemodynamically stable patient in the absence of any of these factors.

### R20 Pelvic ring closure and stabilisation

Patients with pelvic ring disruption in haemorrhagic shock should undergo immediate pelvic ring closure and stabilisation.

#### R21 Packing, embolisation & surgery

Patients with ongoing haemodynamic instability despite adequate pelvic ring stabilisation should undergo early preperitoneal packing, angiographic embolisation and/or surgical bleeding control.

### R22 Local haemostatic measures

Topical haemostatic agents should be employed in combination with other surgical measures or with packing for venous or moderate arterial bleeding associated with parenchymal injuries.

## V. Initial management of bleeding and coagulopathy

#### R23 Coagulation support

Monitoring and measures to support coagulation should be initiated immediately upon hospital admission.

### R24 Initial resuscitation

Initial management of patients with expected massive haemorrhage should include either plasma (FFP or pathogen-inactivated plasma) in a plasma-RBC ratio of at least 1:2 as needed or fibrinogen concentrate and RBC according to Hb level.

#### R25 Antifibrinolytic agents

TXA should be administered as early as possible to the trauma patient who is bleeding or at risk of significant haemorrhage at a loading dose of 1 g infused over 10 min, followed by an i.v. infusion of 1 g over 8 h.

TXA should be administered to the bleeding trauma patient within 3 h after injury. Protocols for the management of bleeding patients might consider administration of the first dose of TXA en route to the hospital.

## Figure 2. Summary of treatment modalities for the bleeding trauma patient

<u>From:</u> Rossaint R, Bouillon B, Cerny V, et al. The European guideline on management of major bleeding and coagulopathy following trauma: Fourth edition. Critical Care (2016): 20:100.







- N Engl J Med 378;9 nejm.org March 1, 2018 Patient-centered outcomes and resuscitation fluids
- Air Medical Journal 37 (2018) 151-153 The Tranexamic Acid Conundrum
- N Engl J Med 2018;378:370-9 Hemorrhagic shock
- Crit Care Clin 33 (2017) 71-84 Prediction of massive trasfusion in trauma
- Surg Clin N Am 97 (2017) 985-998 Assessment and resuscitation in trauma management
- Surg Clin N Am 97 (2017) 999-1014 Balanced Resuscitation in trauma management
- Critical Care (2016) 20:100 The European guideline on management of major bleeding and coagulopathy following trauma: fourth edition