

CORSO HEMS 2016 VENETO

03

Gestione dell'ipovolemia nel trauma in ambiente estremo

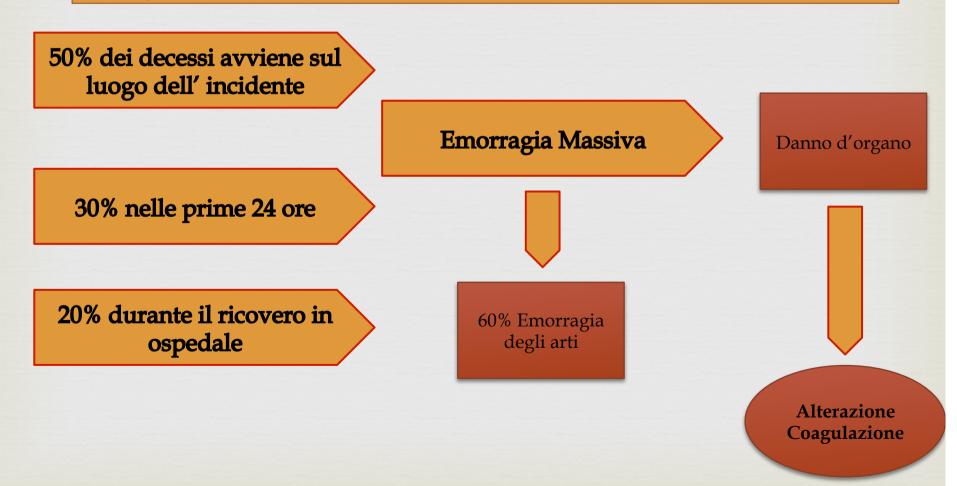
Dott. Giuseppe Misuraca
Dott. Libero Mileti

Le dimensioni del Problema



Il Trauma è una delle principali cause di morte tra i 5 e i 44 anni

Il Sanguinamento non controllato è la principale causa di morte prevenibile

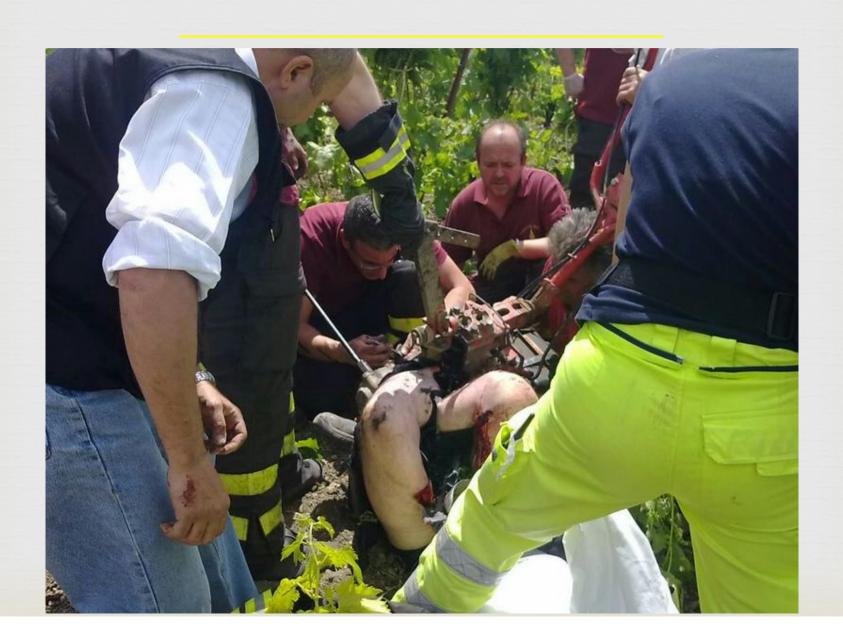


















Premesse Fisiopatologiche





KEEP CALM AND DO DAMAGE CONTROL



"STOP BLEEDING CAMPAIGN"

• <u>linee guida</u> pubblicate per la prima volta nel 2007, aggiornate nel 2010 e successivamente nel 2013, che hanno l'obiettivo di *ridurre le perdite*, ripristinare la perfusione tissutale e garantire la stabilità emodinamica, con la finalità di ridurre la morbilità e la mortalità associate all'emorragia post-traumatica.

Management of bleeding and coagulopathy following major trauma: an updated European guideline. Critical Care 2013, 17:R76

Premesse Fisiopatologiche



Spalen et al. Ciritori Care 2013, 17:678. http://ccforum.com/content/17/2/876

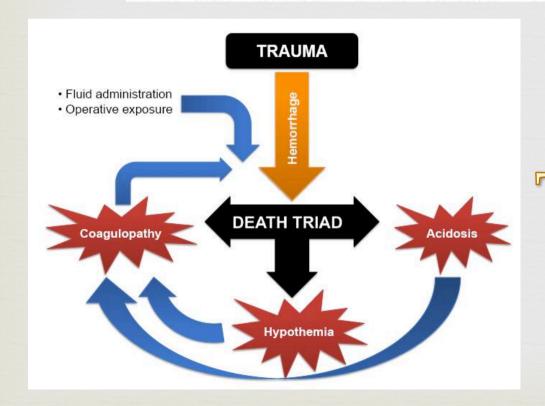


RESEARCH

Open Access

Management of bleeding and coagulopathy following major trauma: an updated European guideline

Donat R Spahn¹, Bertil Bouillon², Vladimir Cerny^{3,4}, Timothy J Coats³, Jacques Duranteau⁶, Enrique Fernández-Mondéjar³, Daniela Filipescu⁶, Beverley J Hunt⁹, Radko Komadina¹⁰, Giuseppe Nardi¹¹, Edmund Neugebauer¹², Yves Ozier¹³, Louis Riddez¹⁴, Arthur Schultz¹⁵, Jean-Louis Vincent¹⁶ and Rolf Rossaint¹⁷.





Premesse Fisiopatologiche







Prevention and treatment of trauma induced coagulopathy (TIC). An intended protocol from the Italian trauma update research group

Giuseppe Nardi ¹⁷, Vanessa Agostini², Beatrice Rondinelli Maria³, Grazia Bocci⁴, Stefano Di Bartolomeo⁴, Giovanni Bini², Osvaldo Chiara⁴ Emiliano Cingolani⁴, Elvio De Blasto⁴, Giovanni Gordini², Carlo Coniglio⁴, Concetta Pellegrini⁴, Luigi Targa⁴ and Annalisa Volpi¹⁰

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In recent years, a strong focus has been put on the need to assure early congulation support in order to prevent and treat In recent years, a strong focus has been put on the need to assure early compilation support in order to prevent and treat consumptions in parties with a were traums, and to improve survived. Aggressive planua administration with high plasms/ red Bood cells ratio is increasingly used worldwide. However, plasma transfusion is a sociated with increased risks of multiple agend syluter to syndrome (MOSIO), solid reprise trays ditutes syndrome (AGIOS) and infection, which may probing political say and the need for artificial ventilation. Moreover, in the majority of European hospitals plasma cannot be immediately as the solid plasma cannot be immediately as the solid plasma and the need for artificial ventilation. Moreover, in the majority of European hospitals plasma cannot be immediately desting factors and alternative to plasma. However, strong evidence to define the best strategies risk! Ill missing, and the only published protectols are Institution-specific, thus depending on the local organization and the available resources. The Italian Timma Centers Network (IUN) secretally developed at neutron protocol aiming at shortening the interval before the onset of congoliation support and at raducing the use of plasma. We present this protocol-Early Congoliation Support (ICS) Protocol on Biocal products consumption, trauma mortality and morbidity as well as its financial aspects, will be stricily monitored by the UN hospitals. monitored by the TUN hospitals.

Keywords: Trauma, coagulopathy, transfusion, plasma, clotting factors, protocol, multicenter

following severe injury. Coagulopathy is a frequent complication patients with TIC present with a depletion of fibring on below before hospital admission [1]. In recent years, international [2]. In a recent study, hypotension, increasing shock severity guidelines [2] that aim at preventing and treating trauma- (as measured by the base deficit) and high degree of injury and clotting factors in different countries and to the lack of outcomes and survival improves with the amounts of fibringger sound data in the literature, there is not a widely agreed clinical administered [4]. Plasma has traditionally been used as a source strategy yet. Moreover, due to the aging population in western countries, elderly people with cardiovascular comorbidities and was not recommended in absence of a prolongation of PT or on antiplatelets agents or oral anticoagulants are increasingly INR or fibrinogen decrease to less than 1.5 gr/L. More recently, bleeding patients should also include strategies to quickly [6] practice suggested improved outcomes in patients with reverse the effect of these drugs.

Massive bleeding after the adoption of a massive-transfusion

for clot formation. Fibrinogen is the single factor which is Haemorrhage is the principal cause of death in the first few hours more and earlier affected in case of TIC. Many bleeding trauma of haemorrhage and may occur in up to 25% of patients, even levels currently recommended for therapeutic supplementation induced coagulopathy (TIC), have been developed. However. (ISS > 25), were all associated with a reduction in fibringge due to the heterogeneous availability of haemocomponents levels [3]. Fibrinogen depletion is associated with poor represented. Therefore, a comprehensive protocol to treat the retrospective evidence from both military (5) and civilian Any strategy should rapidly tackle acute traumatic coagulopathy through the early replacement of clotting factors. dose plasma therapy. Although the first reports based on Haemostasis is critically dependent on fibrinogen as a substrate the military experience suggested a 1:1 plasma/packed red

Reduced Fibrinogen Utilization

Systemic Anticoagulation

Hyperfibrinolisis



J Trauma. 2008 May;64(5):1211-7; discussion 1217. doi: 10.1097/TA.0b013e318169cd3c.

Acute coagulopathy of trauma: hypoperfusion induces systemic anticoagulation and hyperfibrinolysis.

Brohi K1, Cohen MJ, Ganter MT, Schultz MJ, Levi M, Mackersie RC, Pittet JF.

BACKGROUND: Coagulopathy is present at admission in 25% of trauma patients, is associated with shock and a 5-fold increase in mortality. The coagulopathy has recently been associated with systemic activation of the protein C pathway. This study was designed to characterize the thrombotic, coagulant and fibrinolytic derangements of trauma-induced shock.

Management



Crit Care. 2013 Apr 19;17(2):R76. doi: 10.1186/cc12685.

Management of bleeding and coagulopathy following major trauma: an updated European guideline.

Spahn DR, Bouillon B, Cerny V, Coats TJ, Duranteau J, Fernández-Mondéjar E, Filipescu D, Hunt BJ, Komadina R, Nardi G, Neugebauer E, Ozier Y, Riddez L, Schultz A, Vincent JL, Rossaint R.

Recommendation 1 We recommend that the time elapsed between injury and operation be minimised for patients in need of urgent surgical bleeding control. (Grade 1A)

Recommendation 3 We recommend initial normoventilation of trauma patients if there are no signs of imminent cerebral herniation. (Grade 1C)

Recommendation 5 We recommend that patients presenting with haemorrhagic shock and an identified source of bleeding undergo an immediate bleeding control procedure unless initial resuscitation measures are successful. (Grade 1B)

Recommendation 2 We recommend adjunct tourniquet use to stop life-threatening bleeding from open extremity injuries in the pre-surgical setting. (Grade 1B)

Recommendation 4 We recommend that the physician clinically assess the extent of traumatic hemorrhage using a combination of patient physiology, anatomical injury pattern, mechanism of injury and the patient's response to initial resuscitation. (Grade 1C)

Recommendation 6 We recommend that patients presenting with haemorrhagic shock and an unidentified source of bleeding undergo immediate further investigation. (Grade 1B)

Management



Recommendation 13 We recommend a target systolic blood pressure of 80 to 90 mmHg until major bleeding has been stopped in the initial phase following trauma without brain injury. (Grade 1C)

Recommendation 14 We recommend that fluid therapy be initiated in the hypotensive bleeding trauma patient. (Grade 1A)

Recommendation 15 We suggest administration of vasopressors to maintain target arterial pressure in the absence of a response to fluid therapy. (Grade 2C)

We suggest infusion of an inotropic agent in the presence of myocardial dysfunction. (Grade 2C)

Temperature management

Recommendation 16 We recommend early application of measures to reduce heat loss and warm the hypothermic patient in order to achieve and maintain normothermia. (Grade 1C)

Pelvic ring closure and stabilisation

Recommendation 19 We recommend that patients with pelvic ring disruption in haemorrhagic shock undergo immediate pelvic ring closure and stabilisation. (Grade 1B)

Coagulation support

Recommendation 24 We recommend that tranexamic acid be administered as early as possible to the trauma patient who is bleeding or at risk of significant hemorrhage at a loading dose of 1 g infused over 10 minutes, followed by an intravenous infusion of 1 g over 8 h. (Grade 1A)

CONCLUSIONS: A comprehensive, multidisciplinary approach to trauma care and mechanisms with which to ensure that established protocols are consistently implemented will ensure a uniform and high standard of care across Europe and beyond.

Management



ShockControllato - Controllabile

Shock Incontrollato

Scoop & Run

Stay & Play

Load, Go & Play

	Class I	Class II	Class III	Class IV
Blood Loss	< 750	750-1500	1500-2000	> 2000
% Blood Vol.	< 15%	15-30%	30-40%	> 40%
Pulse	< 100	> 100	> 120	> 140
Blood Pressure	Normal	Normal	Decreased	Decreased
Pulse Pressure	Normal	Decreased	Decreased	Decreased
Resp. Rate	14 - 20	20 - 30	30 – 40	> 40
UOP	> 30	20 - 30	5 – 15	negligible
Mental Status	sl. Anxious	mildly anx	confused	lethargic
Fluid	crystalloid	crystalloid	blood	blood

Emostasi Meccanica



<u>BENDAGGIO COMPRESSIVO</u>: da utilizzare su tutti i siti emorragici comprimibili, previo lavaggio con soluzione fisiologica della ferita. Il bendaggio non deve essere rimosso fino all' arrivo al Trauma Center.

<u>CAT (</u>Combat Application Tourniquet): è considerato un presidio salvavita, è raccomandato nelle emorragie pericolose per la vita nelle lesioni aperte degli arti

E' stato eliminato il tempo massimo di 1H va comunque rimosso il prima possibile

INDICARE SEMPRE L'ORARIO DI POSIZIONAMENTO



J R Army Med Corps. 2014 Nov 11. pii: jramc-2014-000339. doi: 10.1136/jramc-2014-000339. [Epub ahead of print]

An evaluation of combat application tourniquets on training military personnel: changes in application times and success rates in three successive phases.

Unlu A1, Kaya E2, Guvenc I3, Kaymak S1, Cetinkaya RA4, Lapsekili EO1, Ozer MT1, Guler A2, Yildiz R1, Petrone P5, Harlak A1, Kilic S6.

Emostasi Chimica



J Thromb Haemost. 2015 Jun;13(6):978-88. doi: 10.1111/jth.12919. Epub 2015 May 9.

Early hemostatic responses to trauma identified with hierarchical clustering analysis.

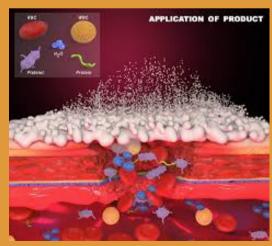
White NJ¹, Contaifer D Jr², Martin EJ², Newton JC², Mohammed BM^{2,3}, Bostic JL², Brophy GM⁴, Spiess BD⁵, Pusateri AE⁶, Ward KR⁷, Brophy DF².

Author information

- Capacità di fermare emorragie di grandi arterie e vene entro 2 min.
- Utilizzabili durante l'emorragia
- Pronta all'uso, che non richieda una miscelazione del preparato
- Sia di semplice applicazione sia da operatori che per autosoccorso
- Di durata minimo di 2 anni
- Capacità di resistenza a temperature avverse (idealmente 10-55 °C)
- Senza rischi di reazioni avverse, non lesiva e poco costosa











The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

CRITICAL CARE MEDICINE

Simon R. Finfer, M.D., and Jean-Louis Vincent, M.D., Ph.D., Editors

Resuscitation Fluids

John A. Myburgh, M.B., B.Ch., Ph.D., and Michael G. Mythen, M.D., M.B., B.S.

- Espandere lo spazio intravascolare e richiamare liquidi dallo spazio extravascolare
- Migliorare gli scambi gassosi
- Ripristino Gittata Cardiaca per ripristino DO2
- Migliorare il Preload Cardiaco e quindi l'Afterload
- Migliorare perfusione periferica riducendo sofferenza tissutale e quindi l'acidosi
- In caso di Plasma rifornisce di fattori importanti
- In caso di Emazie, migliora il trasporto di O2

THE IDEAL RESUSCITATION FLUID

- Determinare espansione volemica plasmatica prevedibile e riproducibile
- Composizione dei fluidi molto simile a quella dei fluidi extracellulari
- Completamente metabolizzato
- No fenomeni avversi
- Rapporto Costo-Efficacia favorevole
- No alterazioni coagulative



TABLE 27-5 Plasma Expansion, Duration of Action, and Main Side Effects of Plasma Expanders

Products	Plasma Expansion (%)	Duration of Action (h)	Allergy	Coagulation
Crystalloids	25	Short	0	Neutral
Gelatins	80-100	3	+++	Neutral
HES 200 (6%) MSR 0.6 MSR 0.5	>100 >100	12–24 4–8	+ +	Neutral if <30 mL/kg
Dextrans 40 (10%) 40 (3.5%)	180–200 100	3 4	++	Platelet adhesivity Fibrinolysis
Albumin	90	6–8	+	Neutral

ABBREVIATIONS: HES, hydroxyethyl starch; MSR, molar substitution rate.

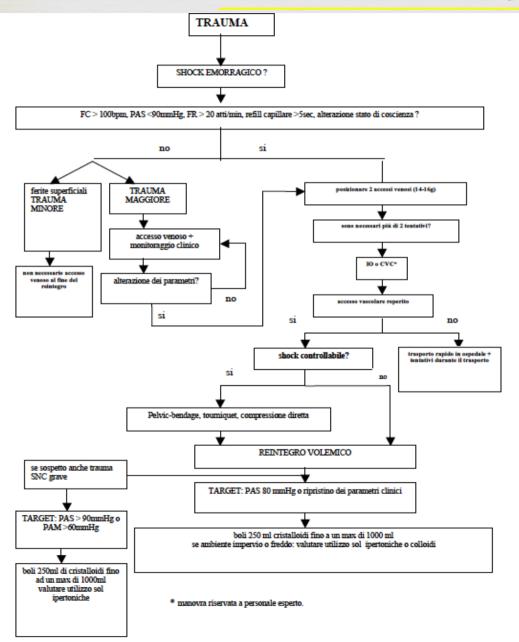
JAMA. 2013 Nov 6;310(17):1809-17. doi: 10.1001/jama.2013.280502.

Effects of fluid resuscitation with colloids vs crystalloids on mortality in critically ill patients presenting with hypovolemic shock: the CRISTAL randomized trial.

Annane D¹, Siami S, Jaber S, Martin C, Elatrous S, Declère AD, Preiser JC, Outin H, Troché G, Charpentier C, Trouillet JL, Kimmoun A, Forceville X, Darmon M, Lesur O, Reignier J, Abroug F, Berger P, Clec'h C, Cousson J, Thibault L, Chevret S; CRISTAL Investigators.

CONCLUSIONS AND RELEVANCE: Among ICU patients with hypovolemia, the use of colloids vs crystalloids did not result in a significant difference in 28-day mortality. Although 90-day mortality was lower among patients receiving colloids, this finding should be considered exploratory and requires further study before reaching conclusions about efficacy.







- Nessuna superiorità tra i vari cristalloidi e colloidi
- La scelta subisce l'influenza delle preferenze individuali
- Appena possibile effettuare il rimpiazzo volemico con emoderivati
- Migliore infusione a boli rispetto all'infusione continua
- Trauma penetrante "Delayed Fluid Resuscitation"
- Accesso venoso periferico (14-16 G)
- CVC o intraosseo (40ml/min)





CONCLUSIONS: Selected RW patients will benefit from in-flight blood transfusions. Proximity of blood storage to the helicopter is mandatory to avoid delays in transport. A close working relationship with blood bank personnel ensures ready availability of current O-negative blood.



especially in situations where there are environmental constraints such as the back of a Pave Hawk helicopter. Intraosseous access has become popular to treat and control hemorrhagic shock when peripheral intravenous access is impractical or impossible. Revisions to patient treatment cards



J Trauma Acute Care Surg. 2015 Jun;78(6 Suppl 1):S26-30. doi: 10.1097/TA.000000000000633.

Freeze dried plasma and fresh red blood cells for civilian prehospital hemorrhagic shock resuscitation.

Sunde GA¹, Vikenes B, Strandenes G, Flo KC, Hervig TA, Kristoffersen EK, Heltne JK.

CONCLUSION: Our small study indicates that introduction of FDP into civilian HEMS seems feasible and may be safe and that logistical and safety issues for the implementation of RBCs are solvable. FDP ensures both coagulation factors and volume replacement, has a potentially favorable safety profile, and may be superior to other types of plasma for prehospital use. Further prospective studies are needed to clarify the role of FDP (and RBCs) in civilian prehospital hemorrhagic shock resuscitation and to aid the development of standardized protocols for prehospital use of blood products.

Prehosp Emerg Care. 2015 January-March; 19(1):1-9. Epub 2014 Jun 16.

Prehospital Transfusion of Plasma and Red Blood Cells in Trauma Patients.

Holcomb JB, Donathan DP, Cotton BA, Del Junco DJ, Brown G, Wenckstern TV, Podbielski JM, Camp EA, Hobbs R, Bai Y, Brito M, Hartwell E, Duke JR, Wade CE.

differences in 24-hour (odds ratio 0.57, p = 0.117) or 30-day mortality (odds ratio 0.71, p = 0.441) between LF and OA. Conclusions. Prehospital plasma and RBC transfusion was associated with improved early outcomes, negligible blood products wastage, but not an overall survival advantage. Similar to the data published from the ongoing war, improved early outcomes are associated with placing blood products prehospital, allowing earlier infusion of life-saving products to critically injured patients.

J Am Coll Surg. 2015 May;220(5):797-808. doi: 10.1016/j.jamcollsurg.2015.01.006. Epub 2015 Jan 24.

Pre-trauma center red blood cell transfusion is associated with improved early outcomes in air medical trauma patients.

Brown JB1, Sperry JL2, Fombona A1, Billiar TR1, Peitzman AB1, Guyette FX3.

CONCLUSIONS: Pre-trauma center RBC was associated with an increased probability of 24-hour survival, decreased risk of shock, and lower 24-hour RBC requirement. Pre-trauma center RBC appears beneficial in severely injured air medical trauma patients and prospective study is warranted as PTC RBC transfusion becomes more readily available.

Coagulation Support





Studio che ha coinvolto complessivamente 20211 pazienti evidenziando (Lancet 2010) :

- ac. Tranexamico (TXA) riduce la mortalità connessa col sanguinamento del 15% (RR=0.85, 95% Cl 0.76 to 0.96; P=0.0077).
- Infusione precoce (≤ 3 ore) è più efficace che l'uso ritardato (>3 ore).
- Non ci sono evidenze che il TXA aumenti il rischio di eventi trombotici o il n.º d'interventi chirurgici.
- Non ha mostrato particolare correlazione sul n.º di trasfusioni necessarie rispetto al controllo con placebo.

Quando?	Dose	Diluizione/vel ocità
Carico (<3h)	1g (2fl)	100ml/10min
Mantenimento (entro 8h)	1g (2fl)	1g → 8h



La Focused Assessment with Sonography for Trauma rappresenta storicamente la più nota applicazione dell'Emergency Ultrasound (EU), di cui si propone come una sorta di "manifesto" che sintetizza efficacemente il modello di indagine:

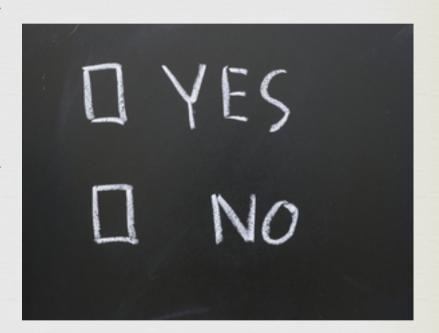
- focalizzata
- rapida
- ad elevato impatto gestionale

Recommendation 6 We recommend that patients presenting with haemorrhagic shock and an unidentified source of bleeding undergo immediate further investigation. (Grade 1B)



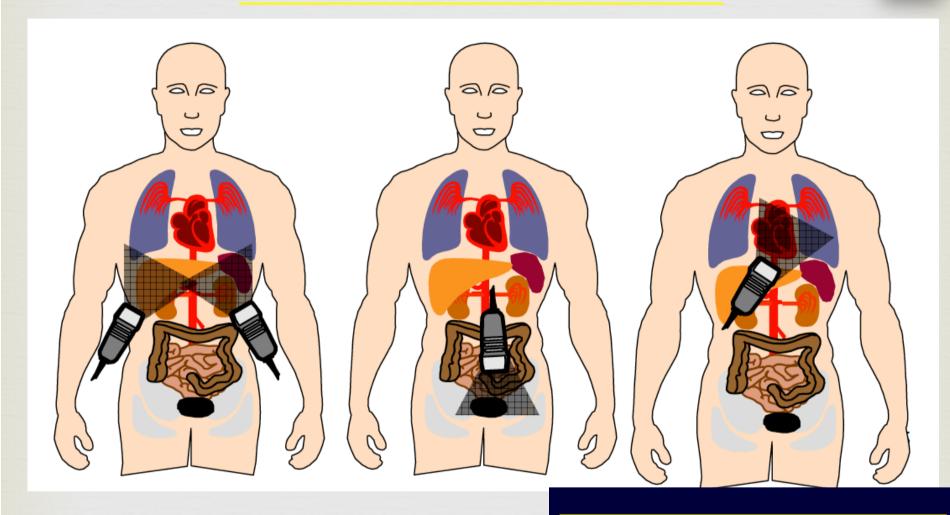
C'è liquido libero intraperitoneale?

C'è versamento pleurico o intratoracico?



C'è versamento pericardico?

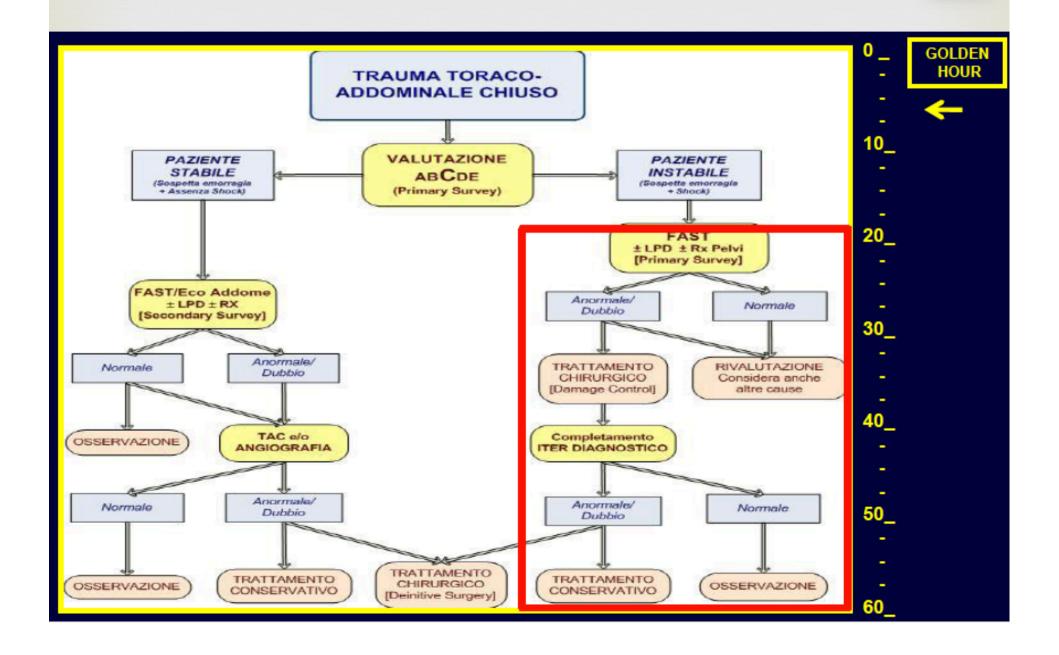




TECNICA A 4 PUNTI

Rothlin, 1993 Ambacher,, 2000





Temperature Management



Aumento della Morbilità e Mortalità

Coagulopatia

Alterazioni emodinamiche, cognitive, arresto cardiaco

Si instaura più precocemente nei pazienti con lesioni cerebro-spinali

I pazienti vittime di trauma disperdono temperatura sul luogo dell'evento, durante il trasporto e nel dipartimento di emergenza

The NEW ENGLAND JOURNAL of MEDICINE

REVIEW ARTICLE

CURRENT CONCEPTS

Accidental Hypothermia

Douglas J.A. Brown, M.D., Hermann Brugger, M.D., Jeff Boyd, M.B., B.S., and Peter Paal, M.D.

Temperature Management



Sistemi di isolamento termico

Attrezzature per il riscaldamento attivo

Protocolli per l'isolamento termico

Termometri per pazienti ipotermici

Sistemi per preriscaldare i Fluidi









ORIGINAL RESEARCH

Open Access

The effect of active warming in prehospital trauma care during road and air ambulance transportation - a clinical randomized trial



Peter Lundgren*, Otto Henriksson, Peter Naredi and Ulf Björnstig

Pelvic Ring closure e Stabilisation





HOME >> CRITICAL MANAGEMENT OF DEADLY PELVIC INJURIES

Critical Management of Deadly Pelvic Injuries

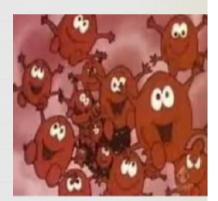
Tue, Dec 2, 2014 By Ryan Gerecht, MD, CMTE, Ashley Larrimore, MD, Michael Steuerwald, MD

9% dei pazienti traumatizzati 45% di mortalità nelle fratture open book Spesso associate a lesioni di altri distretti Le fratture pelviche si riscontrano prevalentemente nei soggetti giovani tra i 15 e i 28 anni

Le fratture pelviche si riscontrano prevalentemente nei soggetti giovani tra i 15 e i 28 anni

Fratture instabili con Shock ipovolemico gravate da elevata mortalità





Volume pelvi può diventare 3-6 Lt per diastasi di 3-6 cm della sinfisi pubica

Pelvic Ring closure e Stabilisation



Applicazione precoce compressori circonferenziali:

Riduce il volume

Riduce il sanguinamento

Riduce necessità di emotrasfusione

Mortalità?

Allineamento Pelvico

"L'applicazione precoce di presidi di compressione meccanica esterni nei pazienti con frattura del bacino, riduce l'emorragia associata al trauma al bacino" Grado 2A



American Journal of Emergency Medicine

journal homepage: www.elsevier.com/locate/ajem

Original Contribution

Pelvic circumferential compression devices benefit patients with pelvic fractures who need transfers

Chih-Yuan Fu, MD ¹, Yu-Tung Wu, MD ¹, Chien-Hung Liao, MD *, Shih-Ching Kang, MD, Shang-Yu Wang, MD, Yu-Pao Hsu, MD, Being-Chuan Lin, MD, Kuo-Ching Yuan, MD, I-Ming Kuo, MD, Chun-Hsiang Ouyang, MD

Department of Trauma and Emergency Surgery, Chang Gung Memorial Hospital, Chang Gung University, Taoyuan, Taiwan





Risk Score for Transport Patients (modificata per II solo paziente adulto) 29

Per il RSTP il cut-off che identifica meglio il paziente critico e sembra in grado di meglio predire quali pazienti possano essere suscettibili di complicanze durante il trasporto è RSTP ≥ 7

Condizioni	Score
1.Emodinamica	
-Stabile	0
-Moderatamente stabile (volume <15 ml/min)	1
-Instabile (volume >15 ml/min o inotropi/sangue)	2
2.Aritmie	
-No	0
-Si, non grave (e IMA >48 h)	1
-Grave (e IMA prime 48 h)	2
3.Monitoraggio ECG	
-No	0
-Si (desiderabile)	1
-Si (essenziale)	ż
4.Linea venosa	
-No	0
-Si	1
-Catetere in arteria polmonare	2
5.Pace-maker temporaneo	
-No	0
-No -Si (esterno) IMA prime 48 h	1
-Sì (endocavitario)	2
6.Respirazione	- 2
-FR 10-14/min	0
-FR 10-14/min -FR 15-35/min	
	1 2
-FR <10 o >36 o dispnea	- 2
7.Vie aeree	
-No	0
-Cann.Guedel	1
-Intubazione/tracheostomia	2
8.Terapia respiratoria	_
-No	0
-Si (O2 terapia)	1
-Sì (ventilazione assistita)	2
9.Valutazione Neuro	
-GCS=15	0
-GCS=8-14	1
-GCS= <8 e/o disf.neurologica	2
10.Supporto tecno-farmacologico	
-Nessuno	0
-Gruppo I *	1
-Gruppo II	2

Monitoraggi



Defibrillatore con monitor multiparametrico

Monitor ECG
Saturimetria
Pressione Arteriosa non invasiva
EtCO2
Temperatura

Sistema portatile di mantenimento temperatura/riscaldamento infusioni

Kit Infusione Intraossea

Ventilatore Polmonare

Ecografo portatile

Coperta autoriscaldante

Termometro portatile

